

FEELING THE HEAT? OUR CHANGING CLIMATE AND THE IMPACTS ON OUR HEALTH



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General and Forensic Psychiatrist, Washington, DC. Expert on the physical and psychological impacts of climate change. Founder of Climate Psychiatry Alliance and the Climate Psychology Alliance of North America.

Professional Practice Gaps.

Maybe you will be or are offended with what sounds like a dismissive response to realistic climate anxiety as more "Doom and Gloom." Reporting on surging climate anxiety in young people, referred to as "climate hypochondriasis," was discussed in a recent column of the Wall Street Journal. Influential and powerful people may minimize or deny the climate crisis and their role in it, but for the response that is needed, everyone needs to realize the reality and with that, the urgency. We have already reached tipping points. This presentation will flesh out the emotional toll of climate disruption, to connect us not just superficially to the trauma of climate disruption, but on a deeper psychological plane. Additionally, the program will seek to harness the energy of these emotions and redirect them into constructive action. Discussion will include the impacts of rising temperatures on the incidence of violence, how we communicate effectively on climate, why we deny climate change and what mental health professionals can do about climate disruption.

Learning Objectives.

Upon completion of this session, participants will improve their competence and performance by being able to: (1) Identify what climate impacts carry the biggest psychological burdens. (2) Deepen our understanding of resistance and what promotes behavior change that sticks! (3) Promote and sustain climate action plans.

THE MENTAL HEALTH EFFECTS OF MASS SHOOTINGS

Tessa

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Professional Practice Gaps.

Exceptionally high levels of mass shootings in the US have led to increasing amounts of anxiety and despair in the general population. Health care workers experience the highest incidence rates for workplace violence of any private industry sector and are experiencing increasing numbers of mass shootings on the job. These experiences may have consequences not only on their mental health but also on their perceptions of patients, especially if the shooter was a patient. This presentation will review our recently published study which focuses on lasting effects of a shooting that occurred in a community medicine hospital in Oklahoma in 2022. The study examined if the trauma healthcare workers experience during a mass shooting reverberates beyond those who were physically present, potentially to people only peripherally associated with the hospital where the shooting occurred.

Learning Objectives.

Upon completion of this presentation, participants will improve their competence and performance by being able to: (1) Discuss statistics related to gun ownership and mass shootings in the US. (2) Review pertinent studies looking at the psychological effects of mass shootings on individuals and communities. (3) Present data from research survey regarding the mental health effects in health care workers related to the June 2022 gun violence event at an Oklahoma hospital system.

COPS CME PROGRAM

DECEMBER 11, 2024

Diversity, Culture and Treatments in Psychiatry:
An Educational Forum
Course No. 25D10

FREE ZOOM PROGRAM REGISTRATION REQUIRED

6:45 PM -- Log-in Attendance &
Speaker Introduction
7:00 - 9:00 PM -- CME PROGRAMS

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DISCLOSURE

COPS is a local chapter of the Oklahoma Psychiatric Physicians Association. The presenters, program planning committee and moderators disclose no financial relationships or affiliations with ineligible companies.

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Accommodation Statement: For accommodations, please contact Renée Mixon, (405) 360-5066 centralokpsych@gmail.com.

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Disclosure & Mitigation Report

Role(s)	First Name	Last Name	Ineligible Company	Nature of the Financial Relationship
Presenter	Lise	Van Susteren, MD		I have no financial relationships or affiliations with ineligible companies to disclose.
Presenter	Tessa	Manning, MD		I have no financial relationships or affiliations with ineligible companies to disclose.
Presenter	Cade	Church		I have no financial relationships or affiliations with ineligible companies to disclose.
Course Director Planning Committee, Moderator	Phebe M.	Tucker, MD		I have no financial relationships or affiliations with ineligible companies to disclose.
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